



The Groden Network
Your Autism Experts

THE GRODEN CENTER, INC.
Community Support Services
610 Manton Avenue
Providence, Rhode Island 02909

Phone: 401.274.6310
Fax: 401.421.1977
RI Relay Service TTY 711
www.grodencenter.org

SUMMER 2019
Stress Management Group for
Middle School Aged Boys & Girls
with Asperger's Syndrome /High Functioning Autism
(or similar social needs)



Focus on Coping Skills & Anxiety Management

- Learning and practicing various coping skills
- Learning Mindfulness skills
- Positive Peer Interaction

Group Leader: Christa DiCasparro, Licensed Clinical Social Worker

WHEN: Thursdays, 3:30 – 4:30 PM, June 13th – August 8th, 2019

WHERE: Community Support Services (3rd Floor), 610 Manton Ave.,
Providence, RI 02909

FEES: \$35.00 /session; United Health Care (Optum), Neighborhood Health Plan & Medicaid accepted

To find out more or to make a referral: Contact the C.S.S. Referral & Service Administrator, Arva Goddard, at 401-274-6310, ext. 1242